

Color Guard Assignment #2

The Triad- In color guard we use “The Triad”. The three components that make up the triad are form, body, and equipment. First define each of the components of the triad in your own words. Please give your definitions as actions and how it is implemented in context rather than objects (ie: discuss equipment choreography rather than rifle, sabre, flag etc). When layering all three components of the triad simultaneously it can create amazing effects.

Form-

Body-

Equipment-

Please describe 2 moments in Carmel HS 2017 winter guard show that use “the triad’ to create an audience applaud moment. Make sure to include the time stamp of the video so I know which moment you are referring to.

1.

2.

Video Portion: Please record yourself doing the following techniques on rifle.

1. 50 spins on both sides
2. Hard singles from flat
3. 10 of your best triples!

